

Emergency & First Aid

Always call 911 for Emergency Situations



First Aid Kit and cleaning supplies located in vertical storage unit for canines and humans: Band-Aids, gauze, cotton balls, Stiptik, isopropyl alcohol, variety of antiseptics for cuts / bee stings, scissors, tweezers, wire cutters, stretcher, soap, bleach, brushes & sponges. Please report to SAIC when supplies run low; do not take supplies from the grounds, or replace.



Where to Find Pulse

Femoral pulse is located high on the inner thigh where the leg meets the body.



If cannot find pulse , use left side of the chest behind elbow; count for 15 seconds and multiply by 4.

Puppies tend to have higher pulse, up to 220 bpm

Normal Vital Signs

Heart Rate at Play: 60 - 60 bpm

Rectal Temperature: 100°F - 102.5°F

Respiration Rate at Rest: 20 - 40 bpm

Trouble Signs - Emergency

Dog Size

Small
Medium
Large

Heart Rate

<80bpm or >160bpm
<70bpm or >150bpm
<60bpm or >140bpm

Rectal Temperature: <99°F or >103°F

Canine CPR

Remember ABCs

Airway - Breathing - Cardiac Compression

- **A** - Establish an airway. Safely check for debris from mouth.
- **B** - Blow 5-6 quick breaths into nostrils, 1 every 3-5 seconds (Mouth to nose ~16% oxygen)
- Check for pulse and mucous membrane color.
- If none, put both hands on the widest part of the chest cavity for dogs over 15lbs. Use thumb and forefingers for dogs under 15lbs.
- **C** - 80-120 compressions/min., alternate this with continued mouth to snout blowing. Each compression should depress the chest cavity by ~1/3.
- Scoop and run to Vet immediately.

Overheating

Heatstroke can be deadly.

Share this image to help pet parents learn the signs!



Dogs don't recognize their activities are causing them to overheat.; need help.

Symptoms

Excessive panting, hyperventilation, thick saliva, anxiety, glassy eyes, dark /bright red tongue and gums, staggering, stupor, seizures, vomiting, diarrhea, bleeding, coma

What To Do

Lower dog's temperature, douse him with cool (not cold) water, apply wet towels to head, stomach, feet, "armpits". Blow as much cool air as possible (maybe the car's a/c vents) on way to Vet, if necessary.

Head Trauma

May be life-threatening

- Keep pet still & warm
- Hold head elevated or level to body
- Minimize pressure on head, neck, back
- Use stretcher, or keep body level in transport to emergency care

Impalement

Do not remove object

- Cut or dismantle object, if a permanent structure, to free the dog
- Apply gentle pressure with cloth
- Stabilize object, keep it from moving
- Use stretcher, keep level

Dog Bites

Even tiny bites can be serious

- Clean with antibacterial soap & warm water
- Apply pressure with cloth, cold pack to reduce swelling, as needed
- Seek Vet care: infections, tears, deep bites

Contacts

Who You Gonna Call?



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Park Rangers

314/289-5350

Park Rangers will from time to time, visit the dog park, as way of relationship building. They stand ready to help our members when situations occur that members cannot resolve on their own. Please use discretion when choosing to contact the Park Rangers but know they are interested in assisting us with situations such as, but not limited to, trespassers on the property or members or visitors who have become unruly, etc.

Other Useful Emergency Contacts

Organization	Contact Info	Service	Organization	Contact Info	Service
St L Lost Pets 	www.stllostpets.org/	Collaboration: Animal Protective Association (APA), St. Louis County Animal Care and Control and the Humane Society of Missouri (HSMO)	You must rescue & deliver. Call for instructions.		
			Wildlife Rescue Center	1128 New Ballwin Rd (Big Bend-New Ballas) 636/394-1880	Rehab -release injured rabbits, squirrels, game birds (<i>duck, geese, turkeys</i>), reptiles. Does not handle deer!
Facebook	www.facebook.com/groups/STLMOlostfoundpaws/	Additional area Lost & Found links	Wild Bird Rehabilitation	314/426-6400	Rehab -release injured song birds only.
Craigs List	www.stlouis.craigslist.org/laf/		Wild Bird Rehabilitation	636/861-3225	Rehab -release injured raptors only.
 ANIMAL CARE & CONTROL	www.accstl.com/ 314/657-1486	Report on Twitter LostDogSTL			

Southwest City Dog Park Veterinary Sponsors

SWCDP Vet Sponsor
Affton Vet Clinic
www.afftonvet.com

8100 Gravois Road
314/352-8600
 9am-7pm
 Mon & Thurs
 Tues 8am-5pm
 Wed, Fri 9am-5pm
 Sat 9am-1pm

SWCDP Vet Sponsor
Big Bend Vet Hospital
www.bigbendvet.com

2224 Big Bend Blvd
314/781-6121
 8am-5pm
 Mon & Wed
 Tue, Thur 8am-7pm
 Fri 8am - 4pm
 Sat 8am-1pm

SWCDP Vet Sponsor
Watson Vet Clinic
www.watsonrdvet.com

3725 Hampton
314/644-1544
 9am-7pm
 Mon thru Thurs
 Fri 9am-5pm
 Sat 9am-3pm

SWCDP Vet Sponsor
Webster Vet Hospital
www.webstervets.com

9937 Big Bend Blvd
314/822-7600
 Vets on site 24/7
 Always open



Numerous dog rescue and adoption organizations are listed on our website along with Additional information related to canine safety, education, training, and more. (Effective summer 2016)