

# Emergency & First Aid

**Always call 911 for Emergency Situations**



**First Aid Kit** and cleaning supplies located in vertical storage unit for canines and humans: Band-Aids, gauze, cotton balls, Stiptik, isopropyl alcohol, variety of antiseptics for cuts / bee stings, scissors, tweezers, wire cutters, stretcher, soap, bleach, brushes, sponges & rags. Please report to SAIC when supplies run low; do not take supplies from the grounds, or replace.



## Where to Find Pulse

Femoral pulse is located high on the inner thigh where the leg meets the body.



If cannot find pulse, use left side of the chest behind elbow; count for 15 seconds and multiply by 4.

*Puppies tend to have higher pulse, up to 220 bpm*

## Normal Vital Signs

**Heart Rate at Play:** 60 – 160 bpm

**Rectal Temperature:** 100°F – 102.5°F

**Respiration Rate at Rest:** 20 – 40 bpm

*Know Your Pet's "Normal Vital Signs"*

## Trouble Signs - Emergency

### Dog Size

Small  
Medium  
Large

### Heart Rate

<80bpm or >160bpm  
<70bpm or >150bpm  
<60bpm or >140bpm

**Rectal Temperature:** <99°F or >103°F

## Canine CPR

Remember ABCs

### Airway - Breathing - Cardiac Compression

- **A** - Establish an airway. Safely check for debris from mouth.
- **B** - Blow 5-6 quick breaths into nostrils, 1 every 3-5 seconds (Mouth to nose ~16% oxygen)
- Check for pulse and mucous membrane color.
- If none, put both hands on the widest part of the chest cavity for dogs over 15lbs. Use thumb and forefingers for dogs under 15lbs.
- **C** - 80-120 compressions/min., alternate this with continued mouth to snout blowing. Each compression should depress the chest cavity by ~1/3.
- Scoop and run to Vet immediately.

## Overheating

### Heatstroke can be deadly.

Share this image to help pet parents learn the signs!



Dogs don't recognize their activities are causing them to overheat; need help.

### Symptoms

Excessive panting, hyperventilation, thick saliva, anxiety, glassy eyes, dark /bright red tongue and gums, staggering, stupor, seizures, vomiting, diarrhea, bleeding, coma

### What To Do

Lower dog's temperature, douse him with cool (not cold) water, apply wet towels to head, stomach, feet, "armpits". Blow as much cool air as possible (maybe the car's a/c vents) on way to Vet, if necessary.

## Head Trauma

*May be life-threatening*

- Keep pet still & warm
- Hold head elevated or level to body
- Minimize pressure on head, neck, back
- Use stretcher, or keep body level in transport to emergency care

## Impalement

*Do not remove object*

- Cut or dismantle object, if a permanent structure, to free the dog
- Apply gentle pressure with cloth
- Stabilize object, keep it from moving
- Use stretcher, keep level

## Dog Bites

*Even tiny bites can be serious*

- Clean with antibacterial soap & warm water
- Apply pressure with cloth, cold pack to reduce swelling, as needed
- Seek Vet care: infections, tears, deep bites

# Contacts



*Who You Gonna Call?*

**Always call 911 for Emergency Situations**

## Park Rangers

**314/289-5350**

*Keep number in your cell phone*

For situations such as trespassers who refuse to leave dog park, vandalism in progress, people on SWCDP grounds who have become unruly and pose a safety threat, or any other non-emergency situation that cannot be handled by members. Several Park Rangers are assigned specifically to South St Louis City area so they can respond City Park calls quickly. Please use discretion when choosing to contact the Park Rangers but know they stand ready to help when needed.

Organization	Contact Info	Service	Organization	Contact Info	Service
	<b>St Louis Lost Pets</b> <a href="http://www.stllostpets.org/">www.stllostpets.org/</a>	Collaboration: Animal Protective Association (APA), St. Louis County Animal Care and Control and the Humane Society of Missouri (HSMO)	<b>You must rescue &amp; deliver. Call for instructions</b>		
	<b>CITY OF ST. LOUIS ANIMAL CARE &amp; CONTROL</b> <a href="https://www.stlouis-mo.gov/government/departments/health/animal-care-control/index.cfm">https://www.stlouis-mo.gov/government/departments/health/animal-care-control/index.cfm</a>	St Louis City contact for stray or injured animals	<b>Wildlife Rescue Center</b>	1128 New Ballwin Rd (Big Bend-New Ballas) <b>636/394-1880</b>	Rehab -release injured rabbits, squirrels, game birds ( <i>duck, geese, turkeys</i> ), reptiles. Does not handle deer!
	<b>314/657-1500</b> <b>314/231-1212</b>		<b>Wild Bird Rehabilitation</b>	<b>314/426-6400</b>	Rehab and release Song birds only
			<b>World Bird Sanctuary</b>	<b>636/861-3225</b>	Raptors only



24/7 Animal Poison Control Center  
**855-764-7661**

## Southwest City Dog Park Veterinary Supporters

In 2012 the following Vet practices donated the funds to purchase our primary message board and other new signage. They are familiar with SWCDP and have often served as advisors on many health or safety dog park issues as well as occasionally speaking at dog park events. SWCDP considers them our "go to" contacts when we need veterinarian guidance.

**Affton Vet Clinic**  
[www.afftonvet.com](http://www.afftonvet.com)

8455 Gravois Road  
**314/352-8600**

**Big Bend Vet Hospital**  
[www.bigbendvet.com](http://www.bigbendvet.com)

2224 Big Bend Blvd  
**314/781-6121**

**Watson Vet Clinic**  
[www.watsonrdvet.com](http://www.watsonrdvet.com)

3725 Watson  
**314/644-1544**

**Webster Vet Hospital**  
[www.webstervets.com](http://www.webstervets.com)

9937 Big Bend Blvd  
**314/822-7600**