



Emergency & First Aid



Canine CPR

Remember ABCs

Airway - Breathing - Cardiac Compression

- A - Establish an airway. Safely check for debris from mouth.
- B - Blow 5-6 quick breaths into nostrils, 1 every 3-5 seconds (Mouth to nose ~16% oxygen)
- Check for pulse and mucous membrane color.
- If none, put both hands on the widest part of the chest cavity for dogs over 15lbs. Use thumb and forefingers for dogs under 15lbs.
- C - 80-120 compressions/min., alternate this with continued mouth to snout blowing. Each compression should depress the chest cavity by ~1/3.
- Scoop and run to Vet immediately.

Overheating



Dogs don't recognize their activities are causing them to overheat.; need help.

Symptoms

Excessive panting, thick saliva, hyperventilation, anxiety, glassy eyes, dark /bright red tongue and gums, staggering, stupor, seizures, vomiting, diarrhea, bleeding, coma

What To Do

Lower dog's temperature, douse him with cool (not cold) water, apply wet towels to head, stomach, feet, "armpits". Blow as much cool air as possible (maybe the car's a/c vents) on way to Vet, if necessary.

Where to Find Pulse

Femoral pulse is located high on the inner thigh where the leg meets the body.



If cannot find pulse, use left side of the chest behind elbow; count for 15 seconds and multiply by 4.

Puppies tend to have higher pulse, up to 220 bpm

Normal Vital Signs

Heart Rate at Play: 60 – 160 bpm

Rectal Temperature: 100°F – 102.5°F

Respiration Rate at Rest: 20 – 40 bpm

Know Your Pet's "Normal Vital Signs"

Trouble Signs - Emergency

Dog Size

Heart Rate

Small	<80bpm or >160bpm
Medium	<70bpm or >150bpm
Large	<60bpm or >140bpm

Rectal Temperature: <99°F or >103°F

Head Trauma

May be life-threatening

- Keep pet still & warm
- Hold head elevated or level to body
- Minimize pressure on head, neck, back
- Use stretcher, or keep body level in transport to emergency care

Impalement

Do not remove object

- Cut or dismantle object, if a permanent structure, to free the dog
- Apply gentle pressure with cloth
- Stabilize object, keep it from moving
- Use stretcher, keep level

Dog Bites

Even tiny bites can be serious

- Clean with antibacterial soap & warm water
- Apply pressure with cloth, cold pack to reduce swelling, as needed
- Seek Vet care: infections, tears, deep bites

Dog Stretchers located on MSD side of SWCDP "Big Box" (shipping container)

one large – one small

Contacts



Who You Gonna Call?

Always call 911 for Emergency Situations

Park Rangers

314/289-5350

Keep number in your cell phone

For situations such as trespassers who refuse to leave dog park, vandalism in progress, people on SWCDP grounds who have become unruly and pose a safety threat, or any other non-emergency situation that cannot be handled by members. Several Park Rangers are assigned specifically to South St Louis City area so they can respond City Park calls quickly. Please use discretion when choosing to contact the Park Rangers but know they stand ready to help when needed.

Organization	Contact Info	Service	Organization	Contact Info	Service
	St Louis Lost Pets www.stllostpets.org/	Collaboration: Animal Protective Association (APA), St. Louis County Animal Care and Control and the Humane Society of Missouri (HSMO)	You must rescue & deliver. Call for instructions		
	CITY OF ST. LOUIS ANIMAL CARE & CONTROL https://www.stlouis-mo.gov/government/departments/health/animal-care-control/index.cfm	St Louis City contact for stray or injured animals	Wildlife Rescue Center	1128 New Ballwin Rd (Big Bend-New Ballas) 636/394-1880	Rehab -release injured rabbits, squirrels, game birds (<i>duck, geese, turkeys</i>), reptiles. Does not handle deer!
	314/657-1500 314/231-1212		Wild Bird Rehabilitation	314/426-6400	Rehab and release Song birds only
			World Bird Sanctuary	636/861-3225	Raptors only



24/7 Animal Poison Control Center
855-764-7661

Southwest City Dog Park Veterinary Supporters

In 2012 the following Vet practices donated the funds to purchase our primary message board and other new signage. They are familiar with SWCDP and have often served as advisors on many health or safety dog park issues as well as occasionally speaking at dog park events. SWCDP considers them our "go to" contacts when we need veterinarian guidance.

Affton Vet Clinic
www.afftonvet.com

8455 Gravois Road
314/352-8600

Big Bend Vet Hospital
www.bigbendvet.com

2224 Big Bend Blvd
314/781-6121

Watson Vet Clinic
www.watsonrdvet.com

3725 Watson
314/644-1544

Webster Vet Hospital
www.webstervets.com

9937 Big Bend Blvd
314/822-7600